

Q4: What do these images and texts say about the history of mental health treatment?

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I kinda feel like a lot of these people, expressing themselves, feel like their mental health or mental illness is a large part of their identity and I feel a lot of them feel they were othered by society. However, I still think that a lot of people today feel that way. Of course, there is more of an understanding that mental health exists in everyone and it's a continuum and everybody sits on a scale with several different aspects of feelings. I think back then, as soon as you were labeled, you were labeled and it was kinda of you know, that is what you are and you are a broken person because you suffer with depression or you suffer with schizophrenia. And then once the age of antipsychotics came in and institutionalization was not the place that all of them went and they started... they allowed people who had their mental health concerns to merge into society and be functioning citizens. It kinda shows like today you can still be a part of society but... I don't know... I don't even know what I'm rambling on but I feel like back then it was a bigger identifier of who you were than it is today. Like today you can still be working or have a family and this and that and like back then it was more like as soon as you were labeled you were labeled and that was that.